

CSU/CSYS SUPPLEMENTAL TRAINING PROGRAM

Fall 2018 - Spring 2019	Coral Springs Youth Soccer Recreational www.csys.org	Coral Springs United Supplemental Training Program available for CSYS
Description	<p>Coral Springs Youth Soccer is the recreational program of the City of Coral Springs. This program is open to all children who reside in Coral Springs who meet the age requirements. Registration is open to non-residents as well, provided they purchase a family Non-Resident Card from the City of Coral Springs. The card may be purchased at the Coral Springs Gymnasium.</p>	<p>Coral Springs United is the travel soccer program for Coral Springs residents. Coral Springs United is offering a Supplemental Training Program to children enrolled in Coral Springs Youth Soccer (CSYS) that enables players to participate in CSYS while also receiving additional professional training from the Coral Springs United staff.</p> <p>Participants in the Supplemental Training Program must be actively enrolled in Coral Springs Youth Soccer concurrent with their enrollment in the Supplemental Training Program.</p> <p>In the spirit of sportsmanship, this program is endorsed by Coral Springs Youth Soccer. However, participation in the CS United Supplemental Training Program must not impact, in any way, a child's participation in Coral Springs Youth Soccer. (A player's first priority is to CSYS during the soccer season.)</p>
Ages	Under-06 Under-08 Under-10 Under-12 Under-14 Under-15 (Girls Only) Under-16 (Boys Only) 19-Under	U06,U08,U10,12, Middle school
Coaches	Parent/Volunteer	Youth and Junior Academy Professional Staff
Seasons	Winter (Nov- March)	Fall- 9 Week Session (Sept 12-Nov 8) Winter- 9 Week Session (Nov 28- Feb 21)

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Practice Days and Times	<p>Under-6 - once a week, 30-45 minute practice. Sundays only.</p> <p>Under-8 - two practice times a week for 45 minutes (either 6-6:45 or 6:45-7:30). Practices days can be any two non-consecutive days of the week (Mon-Fri).</p> <p>Under-10 and Under-12 - two times a week for 60 minutes (either 6-7 or 7-8). Practices days can be any two non-consecutive days of the week (Mon-Fri).</p> <p>Under 14 - two practices a week during Nov and Dec and one per week from Jan onward. Practice times are 60 minutes each and are at 6, 7 or 8pm.</p> <p>Under 15, 16 and 19-Under - one night a week for 60 minutes.</p>	<p>Under 6- Once per week, 60 minute training session (5:15-6:15pm) Wednesday or Thursday Choose your day</p> <p>Under 8, Under 10,- Once per week, 60 minute training sessions (5:15-6:15pm or 6:30-7:30pm) Wednesday or Thursday Choose your day and time</p> <p>Under 12, Middle School- Once per week, 75 minute training session (6:45-8pm) Wednesday or Thursday Choose your day</p>
Regular Season Game Days and Times	<p>Under-6 - once a week, Sundays only.</p> <p>Under-8 - normally once a week on Saturdays. Potentially one or two weeknight games per season.</p> <p>Under-10 and Under-12 - normally once a week with most on Saturdays and occasionally on Sundays. Two to three weeknight games per season.</p> <p>Under 14 - mostly Saturdays, although multiple games on Sundays and weeknights.</p> <p>Under 15, 16 and 19-Under – games held throughout the week.</p>	N/A
Tournament Game Days and Times	<p>Under-6 and Under-8 - These two age groups do not have a season ending tournament and have regular games through the end of February.</p> <p>All age groups starting with Under-10 – the month of February is a tournament that all teams qualify for ending with Soccer Bowl Day, which is typically the first Saturday in March.</p>	<p>Under 10 and Under 12 3-4 Local Tournaments. Players may be identified and selected to participate in our CSUFC Supplemental Stars Competitive Bridge Events. Tournaments to be held during winter break and Spring season and do not conflict with Coral Springs Youth Soccer. Additional Costs do apply.</p>
Locations	Cypress Park or Mullins Park	Cypress Park, North Community Park and Sportsplex

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Cost/Payment structure	<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th>Division</th> <th colspan="2">Birth-Date Range</th> <th>Per-Player Reg Fee</th> </tr> </thead> <tbody> <tr><td>U6</td><td>8/1/2012</td><td>7/31/2014</td><td>\$100</td></tr> <tr><td>U8</td><td>8/1/2010</td><td>7/31/2012</td><td>\$100</td></tr> <tr><td>U10</td><td>8/1/2008</td><td>7/31/2010</td><td>\$110</td></tr> <tr><td>U12</td><td>8/1/2006</td><td>7/31/2008</td><td>\$110</td></tr> <tr><td>U14 Girls</td><td>2/1/2005</td><td>7/31/2006</td><td>\$110</td></tr> <tr><td>U14 Boys</td><td>8/1/2004</td><td>7/31/2006</td><td>\$110</td></tr> <tr><td>U15 Girls</td><td>8/1/2003</td><td>1/31/2005</td><td>\$120</td></tr> <tr><td>U16 Boys</td><td>8/1/2002</td><td>7/31/2004</td><td>\$120</td></tr> <tr><td>19&U Girls</td><td>3/4/1999</td><td>7/31/2003</td><td>\$120</td></tr> <tr><td>19&U Boys</td><td>3/4/1999</td><td>7/31/2002</td><td>\$120</td></tr> </tbody> </table> <p>Payment made to Coral Springs Youth Soccer (CSYS).</p>	Division	Birth-Date Range		Per-Player Reg Fee	U6	8/1/2012	7/31/2014	\$100	U8	8/1/2010	7/31/2012	\$100	U10	8/1/2008	7/31/2010	\$110	U12	8/1/2006	7/31/2008	\$110	U14 Girls	2/1/2005	7/31/2006	\$110	U14 Boys	8/1/2004	7/31/2006	\$110	U15 Girls	8/1/2003	1/31/2005	\$120	U16 Boys	8/1/2002	7/31/2004	\$120	19&U Girls	3/4/1999	7/31/2003	\$120	19&U Boys	3/4/1999	7/31/2002	\$120	<p><u>CSYS Fall Supplemental Training</u> Ages 11-14 Cost: \$165 Starting September 12th Training Gear (1 Training shirt) Included 1 night a week of Professional Training</p> <p><u>CSYS Winter Supplemental Training</u> Ages 5-14 Cost: \$165 Training Gear (1 Training shirt) Included Only available for Winter Session Starting on Nov 28th 1 night a week of Professional Training</p> <p><u>CSU Juniors Development Program</u> Ages: 5-10 Cost: \$225 Training Gear (2 Training shirts) Included 2 nights of Professional Training with optional games on Saturday morning</p> <p>For additional information please refer to: https://coralspringsunited.com/</p> <p>Payment made directly to Coral Springs United. <i>Payment is independent of Coral Springs Youth Soccer registration.</i> Participation in Coral Springs Youth Soccer to be confirmed prior to finalizing Winter enrollment.</p>
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Game Format	<p><u>Under-6 and Under-8</u> – 40 minute game with 2 – 20 minute halves.</p> <p><u>Under-10, 12 and 14</u> - 60 minute game with 2 – 30 minute halves.</p> <p><u>Under 15, 16 and 19-Under</u> – 80 minute game with 2 – 40 minute halves.</p>	Not Applicable																																												
Fees Cover	All games and referees, uniform shirt, uniform shorts and uniform socks	Professional training, Insurance, Office Support, Registration, player evaluation and Training shirt																																												

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Game Uniform	Included with registration fee	Not Applicable
Training Gear	U6 and U8 - size 3 soccer balls. U10 and U12 - size 4 soccer balls. U-14 and up - size 5 soccer balls.	Included – training shirt
Camps	N/A	TBD